

Everyone needs supporters in order to learn, flourish and succeed.

Supporters come in many different forms; they may be family, friends, teachers, therapists, colleagues, team mates, neighbours, or someone from your community.

It's important to be surrounded by supporters who think big!

believe in quick fixes

make assumptions

are deficits focussed

place blame on a person

small THINKERS

believe they are the expert

only use anecdotal evidence to defend their opinions



use the same approach regardless of individual needs

try to "fix" the person

think critically

treat each person as an individual

advocate for environmental change

know the person's strengths and help the person utilise them

BIG THINKERS

realise everyone is different, and this is ok

use well researched evidence to support suggestions and recommendations



collaborate with the person and their other supporters

look at the broader situation (eg the environment, what the person is trying to do)

recognise a person as the expert of their own experience

Be a good supporter, think **BIG!**